



Critical Incident Stress Management Team

SSW District CISM: GROUP CRISIS INTERVENTION

FREE TRAINING (lunch provided)

April 2, 2018 8:30 AM - 4:30 PM

April 3, 2018 8:30 AM - 4:30 PM

NCOESC, 928 West Market Street, Tiffin, Ohio 44883

Crisis intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. This program is designed to teach participants the fundamentals of, and specific protocols for, large and small group situations. This course will combine the principles of supporting peers in group settings. Participants will learn how to conduct situational assessment, identify and initiate the appropriate intervention, conduct informational and interactive group peer supportive services, and will teach the importance of collaborating resources to provide support. This course is appropriate for anyone looking to intervene in the fields of business and industry, crisis intervention, disaster response, education, emergency services, employee assistance, healthcare, homeland security, mental health, military, spiritual care, and traumatic stress.

PROGRAM HIGHLIGHTS:

- ❖ Introduction to Stress & Crisis Intervention
 - ❖ Overview of CISM
 - ❖ Crisis Communication Skills
 - ❖ Active Listening & Role Playing
 - ❖ Psychological Reactions to Stress
 - ❖ Group Crisis Intervention Techniques
 - ❖ Interventions
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|----------------------------------------|------------|--------------|-------------------|
| - Rest Information Transition Services | - CISD | - Do No Harm | - SAFE- R |
| - Crisis Management Briefing | - Referral | - Defusing | - Local Resources |

PRESENTERS: Chief (Retired) Rick Skilliter, CCISM Meri Skilliter, M.Ed., CCISM

Chief Rick Skilliter has been in public safety since 1986, and is retired Chief of Police and Director of Public Safety for Bluffton, Ohio. Chief Skilliter now works as the CISM Coordinator for the Partnership for Violence Free Families. He is a certified AEMT, EMS Instructor, and Basic Police Academy Instructor. He has over 25 years' experience responding to and providing training on Critical Incidents. Chief Skilliter was awarded a certificate of specialized training in both emergency services and schools and children crisis response by ICISF.

Meri Skilliter is the Superintendent of Ada Exempted Village Schools and has over 25 years of EMS experience. She is a certified AEM and EMS Instructor. She has responded to countless interventions to provide peer support and assistance to family members following critical incidents. She offers a unique perspective of how CISM can be utilized to assist family members impacted by an incident. Mrs. Skilliter has been awarded a certificate of specialized training in schools and children crisis response by ICISF.

Presenters are Approved Instructors for the International Critical Incident Stress Foundation (ICISF).

Sponsored by the Mental Health and Recovery Services Board of Seneca, Sandusky and Wyandot Counties