

STEPPING THROUGH THE SEASONS

A retreat for women in recovery from addiction

February 23-24, 2018

Friday 6:30 PM – Saturday 8:00 PM

This retreat opens up the principles of the 12-step program within the context of the seasons of our lives.



Autumn: Steps 1, 2, 3
Surrender, letting go



Winter: Steps 4, 5, 6, 7
Waiting, trust and Deepening



Spring: Steps 8, 9, 10
Hope and the awakening of the inner self



Summer: Steps 11, 12
Fruitfulness, abundance and 'enoughness'

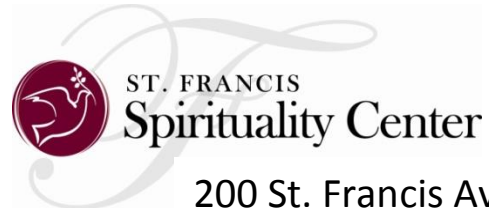
Arrival Time: 6:00 – 6:30 PM Friday

Cost: \$ 120. Scholarships available

Optional Saturday night lodging and meals for an additional fee.

Register by February 19th at
peace@franciscanretreats.org or
419-443-1485

As a clinical social worker and spiritual director, Betty Leon, IHM, MSW, has dealt with women seeking to grow in healthy living on every level. She has offered retreats for women in AA and other 12-step programs.



200 St. Francis Ave.
Tiffin, OH 44883

From past retreatants:

- "A beautiful walk, step by step, through the seasons of our journey."
- "The retreat was deeply meaningful to me. Betty has a way of relating the program of recovery to the deep personal processes/stages of how we grow in sobriety. I feel more actively responsible as I move forward in life."
- "Betty has a great ability to lead the group and get everyone to connect to the ideas presented. She has a sense of humor, too."