

# Healthy Children Healthy Programs Expo

## Statewide Conference



## October 26th & 27th

Lorain County Community College: Spitzer Conference Center

### Up to 12 hours of training!

- Ohio Approved training hours for Step Up to Quality
- Training hours for National CACFP Association's CMP and CCNP certifications
- Approved Continuing Education hours from School Nutrition Association

### Meals Included. Door Prizes!

### First 50 people registered receive special gift!

**Make plans for this one of a kind event!**

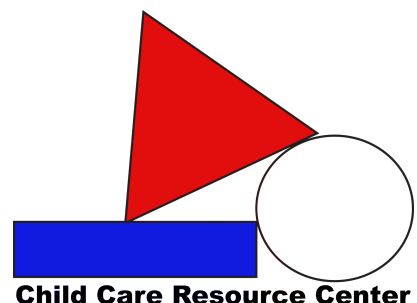
- Gain new ideas and resources to enhance the health of children.
- Receive tools to strengthen your meal service.
- Gain new friends and connections to support you!

Call (440) 242-0413 ext. 237 for questions and information.



**Featured Keynotes!!**

**Brandon Williams & Tom Copeland!**



**Child Care Resource Center**

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## Breakout Sessions:

### Friday:

- Healthy Me! Preschool Guide to Nutrition and Wellness: Overview and Creating a Healthy Plate
- Supporting the Health of Our Children: Ohio's Early Childhood Health Program
- Moving and Learning Strategies to Increase Instructional Support
- Virtual Market Tour: Healthy Food, Healthy Children, Healthy Programs
- Friday Lunch and Learn Session: The Perks of Farmers' Markets: Helping Ohio Families Stretch Their SNAP
- Healthy Me! Preschool Guide to Nutrition and Wellness: Creating Safe Mealtime and Active Play Environments
- Ohio Kids on the Move: Physical Activity Guidelines
- Tackling Transitions
- Veggie Power: A Hands-on Approach to Innovative Plant Strong Meals!

### Saturday:

- Mastering Record-keeping and Tax Preparation
- Introduction to Happy Mealtimes in Child Care Settings: Implementing Schedules & Routines/Family Style Meals
- Family Child Care FUNDamentals: Building Policies for Health & Wellness
- Putting the Pieces Together: Developing Healthy School-Age Children
- Ohio Healthy Programs: Healthy Menus
- Ohio Healthy Programs: Healthy Policies
- Family Child Care FUNDamentals: Supporting Healthy Growth and Development
- Introduction to Happy Mealtimes in Child Care Settings: Building a Healthy Learning Environment and Healthy Habits
- Coming to Terms: Contracts and Policies
- More Than Rules and Routines: Feeding Infants in Group Care

For full details and registration:

<http://ccrcinc.com/healthy-children-healthy-program-expo/>

## Register Today and Save! Discounted Rates for 2-days!

### Early Bird Fees

One -Day Registration \$150.00

Two-Day Registration: \$200.00

### Standard Fees (after August 31)

One-Day Registration: \$200.00

Two-Day Registration: \$250.00

### Late Registration Fees (after October 5)

One-Day Registration: \$250.00

Two-Day Registration: \$300.00

## Event Sponsors

