

T-SPL TALKS

Trauma 101

Tuesday, April 16

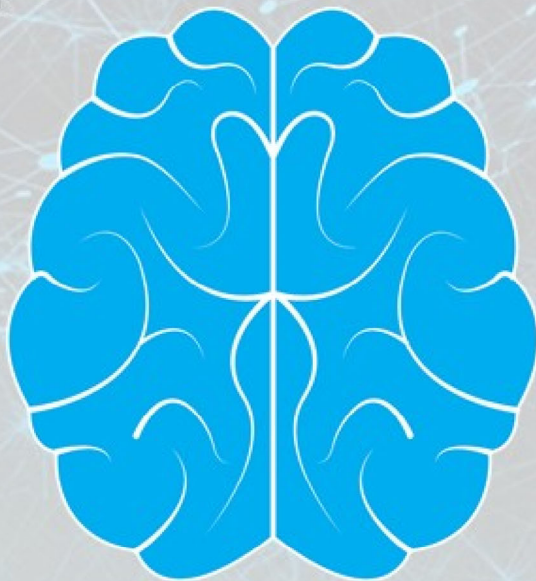
6:30 p.m.

In the Frost Kalnow Room

At the Tiffin-Seneca Public Library

Everyone knows the word "trauma," but what is it, where does it come from, and what are its effects? Andy Swaisgood of Wood Lane Residential Services will provide an overview of trauma including:

- Sources of trauma
- Prevalence of trauma in Seneca County
- Impact of trauma on the brain and body
- How trauma can affect the choices a person makes
- Trauma Informed Care and how this approach can be used



No registration necessary for this free program.



TIFFIN-SENECA PUBLIC LIBRARY

For more information, call 419-447-3751 or visit www.tiffinsenecalibrary.org.